

PubMed

Format: Abstract

Full text links

J Clin Diagn Res. 2016 Sep;10(9):OE08-OE12. Epub 2016 Sep 1.



Vascular Disease in Young Indians (20-40 years): Role of Ischemic Heart Disease.

Dalal J¹, Hiremath MS², Das MK³, Desai DM⁴, Chopra VK⁵, Biswas AD⁶.

Author information

Abstract

Coronary Artery Disease (CAD) occurs at a younger age in Indians with over 50% of Cardiovascular Disease (CVD) mortality occurring in individuals aged less than 50 years. Although several risk factors have been suggested; smoking, dyslipidemia and hypertension are major risk factors in the young. In this review, we have pooled the current evidence on Ischemic Heart Disease (IHD) in young (20-40 years) and provided an opinion for the effective management of IHD in young Indians.

KEYWORDS: Coronary artery disease; Management; Risk factors

PMID: 27790504 PMCID: [PMC5072004](#) DOI: [10.7860/JCDR/2016/20206.8517](#)

[Free PMC Article](#)

Publication type

LinkOut - more resources

PubMed Commons

[PubMed Commons home](#)

0 comments

[How to join PubMed Commons](#)